

Schedule for training Programs in New Academic Block 2021-2022.

1. October 2021: Psychosocial issues related to online education and reopening of schools: A Pandemic Perspective.

*Duration- 1 day.

1. Impact of online education on interaction pattern of children.
2. Preparing your child to attend Offline School.
3. Psychological issues of parents related to online education & reopening of schools.
4. Psychological issues of teachers managing children in offline & online classes.
5. Management of stress in Parents & Teachers.

*Participants: Teachers, Students & Parents.

2. November 2021: Promoting Mental Health among College going students.

*Duration-2 days

1. Introduction to mental health problems in young adults.
2. Stress Management in college going students.
3. Substance abuse in college going students.
4. Depression in college going students.

*Participants: College going Students.

3. December 2021 : Psychiatry orientation Program for Community Health Workers.

*Duration:- 3 days

1. Introduction to psychiatric disorders prevalent in the community.
2. Schizophrenia.
3. Affective disorders.
4. Anxiety disorder.
5. Substance use and Addictive disorders.
6. Child psychiatry.
7. Dementia.
8. Epilepsy.
9. Identification & referral.

*Participants: Community Health Workers.

4. January 2022: Women Mental Health.

*Duration:- 1 day

1. Violence against women.
2. Psychological issues in working women.
3. Mental Health issues specifically related to females.

*Participants: Women from different strata of society.

5. February 2022: Mental Health Challenges in office Workers.

*Duration:- 1 day

1. Managing work & home
2. Promoting Mental Health Wellbeing in work place.

*Participants: Office workers.

6. March 2022 : Psychiatry Orientation Program for Nurses.

*Duration:- 3 days

1. Introduction to psychiatric disorders prevalent in the community.
2. Schizophrenia.
3. Affective disorders.
4. Anxiety disorder.
5. Substance use and Addictive disorders.
6. Child psychiatry.
7. Dementia.
8. Epilepsy.

*Participants: Nursing Students & or Nurses from Govt. Hospitals of Jharkhand.

7. April 2022 : Mental Health issues in School going Children's.

*Duration:- 2 day.

1. Psychological issues faced by school going children.
2. Promoting well being & resilience in school going children.
3. Handling Trauma.
4. Substance abuse problem in school going children.
5. Promoting sex education in school going children.

*Participants:- School going Children from class 5th to 10th std from Ranchi City.

8. May 2022 : Role of NGO in Promotion Mental Health.

***Duration:- 1 day.**

- 1. Promoting awareness about mental health issues.
- 2. Management of Stigma.

***Participants:-N.G.O Workers of N.G.O operating in Jharkhand.**

9. June 2022 : Psychoeducative measures for care givers and relatives of patients with mental illness.

***Duration:- 2 day**

- 1. Caregiver burden & burnout relation to Psychotic Disorder.
- 2. Caregiver burden & burnout relation to Organic Disorders.
- 3. Caregiver burden & burnout relation to Affective Disorder.
- 4. Caregiver burden & burnout relation to Anxiety Disorder.
- 5. Caregiver burden & burnout relation to Substance abuse Disorder.

***Participants:-Care givers and relatives of patients with mental illness.**

10.July 2022 : Attitude of medical professionals towards psychiatric illness .

***Duration:- 1 day.**

- 1. Prevalence of psychiatric co-morbidity in medical disorders.
- 2. Bridging the gap.
- 3. Multimodal treatment in Child Population.
- 4. Multimodal treatment in Adult Population.
- 5. Multimodal treatment in Geriatric Population.

***Participants: Medical Professionals .**

11.Aug 2022 :Awareness programme for adolescents on substance abuse.

***Duration:- 1 day**

- 1. Substance abuse: Introduction.
- 2. Psychosocial factor contributing to substance abuse.
- 3. Prevention of substance abuse in adolescent population.
- 4. Newer & varied approaches in managing substance abuse in adolescents.

***Participants:- Adolescent Population from schools in Ranchi.**

***Note:- Date of programme and list of speakers will be finalized based on availability of speakers.**